

# OUR LADY OF OSTRABRAMA

ROMAN CATHOLIC CHURCH

631 734 6446

3000 DEPOT LANE, CUTCHOGUE, NY 11935

WWW.OLOCURCH.ORG

Jesus says:

**"Come to Me...  
I will give you rest."**



Fourteenth Sunday in Ordinary time  
July 9, 2023

## TODAY'S READINGS

**First Reading – Zechariah 9: 9-10** A prophecy about the coming of a king to Jerusalem, who will be just, victorious, also humble and riding on a donkey. The passage declares that this king will bring peace to the nations and his dominion will extend to the ends of the earth.

**Responsorial Psalm – 145:1-2, 8-9, 10-11, 13-14** *I will praise your name for ever, my king and my God.* All the faithful are encouraged to give thanks to the Lord and speak of his glory and might, emphasizing that the Lord is faithful and lifts up all who.

**Second Reading – Romans 8: 9, 11-13** Christian life is lived in the Spirit of God and is destined for glory. The passage urges believers to put to death the deeds of the flesh, for those who live according to the flesh will not inherit eternal life.

**Gospel – Matthew 11: 25-30** Jesus speaks to us as Wisdom personified. We are life-long learners of His essential teachings about love of God and neighbor.



**Msgr. Joseph Staudt, Parish Administrator**

pastor@sacredheartolgc.org

**Rev. Ryszard Ficek, STD, PhD. Associate**

Cell: 516 330 5903

**Deacon Doug Moran** 646-295-3308

Parish website: [www.olochurch.org](http://www.olochurch.org)

Parish Email: [olocutchoque@gmail.com](mailto:olocutchoque@gmail.com)

**Office hours: Monday, Tuesday & Thursday 9am-12noon**

Tel: 631 734 6446

Fax: 631 734 4117

**Music Director:** Kelli Naugles, Tel: 631 603 5799

E-mail: [kellinaugles@gmail.com](mailto:kellinaugles@gmail.com)

**Rel. Ed. Director:** Adrienne Dillingham, Tel: 631 369 7933

E-mail: [olofaithformation@gmail.com](mailto:olofaithformation@gmail.com)

#### **CELEBRATION OF THE EUCHARIST**

Daily: 8:30am Monday, Tuesday, Thursday, Friday, Saturday

**Saturday Vigil Mass:** 5:30 pm

**Sundays:** 8:00 am, 9:30 am (Polish), 11:00 am

#### **SACRAMENT OF RECONCILIATION:**

Saturday 4:00 - 5:00 pm or any time by appointment.

#### **SACRAMENT OF BAPTISM:** Each Sunday during Mass at 11:00 am.

Call the Rectory to make an appointment.

**SACRAMENT OF MARRIAGE:** Marriages are to be scheduled at least six months in advance by interview with a parish priest. Pre-Cana conferences are required.

#### **SACRAMENT OF THE SICK:**

Please call the Rectory to arrange for the Sacrament of the Sick and Communion to be brought to the home or hospital.

After 830am Mass on First Saturdays

#### **DEVOTIONS:**

**Eucharistic Adoration:** Last Thursday of the month 7pm; First Friday, 9:00 am;

**Miraculous Medal Novena:** Monday after 8:30 am Mass

**Rosary** 8am, Before daily Mass

#### **PARISH REGISTRATION:** Census cards are in the Rectory

#### **Parish Outreach:** Coordinator—Maria Fedele

631 477 6469 / email:[northforkparishoutreach@gmail.com](mailto:northforkparishoutreach@gmail.com)

**North Fork Thrift Shop** 631-477-6607

**Sacred Heart Cemetery** 631-732-3460/email [n@cclongisland.org](mailto:n@cclongisland.org)

#### **MASSES FOR THE WEEK**

##### **SATURDAY, July 8th**

8:30am +Parishioners & Benefactors

5:30pm +Dad-Joseph Zuhoski from Judy

##### **SUNDAY, July 9th**

*Fourteenth Sunday in Ordinary Time*

8:00am + For the Living & Deceased Members of  
the Holy Name Society

9:30am (Polish) +Antoni Mechla w 10 rocznicę  
śmierci

11am (Family Mass) +Parishioners & Benefactors

##### **MONDAY, July 10th**

8:30am +Helen Krupski from the Sacred Heart  
Rosary Society

##### **TUESDAY, July 11th**

*Saint Benedict*

8:30am +The Koehler Family

##### **WEDNESDAY, July 12th**

**NO MORNING MASS**

##### **THURSDAY, July 13th**

*Saint Henry*

8:30am +For Priests & Deacons

##### **FRIDAY, July 14th**

*Saint Kateri Tekawitha*

8:30am +

##### **SATURDAY, July 15th**

*Saint Bonaventure*

8:30am +

5:30pm +Peter Victoria; Joanne Goerler; Ed King  
& Sheila Zuhoski from Judy  
Victoria

##### **SUNDAY, July 16th**

*Fifteenth Sunday in Ordinary Time*

8:00am +Michele MacKenzie

9:30am (Polish) + Health & blessings for Alina  
Horoca, Lucyna Falasz

11am (Family Mass) +Deacon Doug from Linda  
& Russ Goldsmith



# Rest For the Weary

Matthew 11:25-30



## Reflection by Rev. Leonard N. Peterson

Now that the excitement of the Fourth has passed, we can rightly settle down to the “lazy, hazy crazy days of summer.” Whether that means stretching out over the sands of the beach (dermatologist’s warning intact about skin protection), or lounging by a mountain lake, or even a long-anticipated trip to a faraway place, there should always be a place for learning.

The higher temperatures of summer almost compel us to slow down, so they provide the pace for learning. Free of any classroom pressure, our minds can relax to “drink in” the truths of life along with our glass of iced tea. So it is with the message provided by this weekend’s Gospel passage.

First Jesus asks us to number ourselves among the “little ones.” By that He means those willing to douse the fires of pride that may ride along our thought patterns because we have attained this or that academic degree; or found success in the material world, or even a happy blending within of our vocational choice and our given nature. Then He tells us that not only is He God’s Son, but also that we can be the same through His selection of us.

But the “topper in the topic” is that soothing invitation: “Come to Me, all you who labor and are burdened, and I will give you rest.” Note here that we are offered more than a summer vacation’s rest can bring. It is that deeper rest that ensues when we take off the heavy backpack of cares and worries that weigh us down in all seasons.

Jesus asks us to take up His easy yoke and learn from Him. The word “easy” is “chrestos” in Greek, which can mean “well fitting.” In Palestine, yokes were made of wood; the ox was brought, and the measurements were taken. The yoke was then roughed out, and the ox was brought back to have the yoke tried on. The yoke was carefully adjusted so that it would fit well and not chafe the neck of the patient animal. The yoke was tailor-made to fit the ox. There is a legend that Jesus made the best yokes in all of Galilee. We believe He does the same for us.

Ultimately, Jesus is saying to each of us: “The life I give you is not a burden to cause you pain; your task is made to measure to fit you.” A summertime lesson to savor and generate thankful praise. Meanwhile, it is also true that “you’ll have a better life if you make the most of the best and the least of the worst.” (Anon.)

**God love you and give you His best measure.**

**We Need Some Helping Hands**

### GAZEBO RENOVATION CALLING ALL HANDYMEN

Volunteers needed to help renovate the GAZEBO and the surrounding area.

Please call Frank Apadula  
631-922-6918 or 631-734-7792

Thank you for sharing your talents!



### **Prayer Requests**

**Please Pray For:**

**Laurie Krom; Billy Hickox; Helen Puric; Our Country; the end of abortion; and all priests & deacons.**

## **July is dedicated to the Most Precious Blood of Jesus**

### **The Anima Christi**

*Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within Your wounds hide me.  
Suffer me not to be separated from You.  
From the evil one defend me.  
In the hour of my death, call me.  
And bid me come to You,  
That with all Your saints,  
I may praise You forever and ever.  
Amen.*

CHURCH NAME AND ADDRESS  
Our Lady of Ostrabrama Church #703400  
3000 Depot Lane  
Cutchogue, NY 11935

TELEPHONE  
631 734-6446

CONTACT PERSON  
Mary Ann

EMAIL: mamoran5@yahoo.com

TRANSMISSION TIME  
Thursday 8:00

SUNDAY DATE OF PUBLICATION  
July 9, 2023

NUMBER OF PAGES SENT  
1 through 4

**SPECIAL INSTRUCTION: PLEASE PRINT 200  
BULLETINS FOR THIS WEEK'S ISSUE**